

AUGMENTED/VIRTUAL REALITY SAFETY



You May Experience Motion Sickness- symptoms are general discomfort, headache, stomach awareness, nausea, vomiting, pallor, sweating, fatigue, drowsiness, disorientation, and apathy

If you experience motion sickness, take off the VR Headset and drink water



Be Aware of Your Surroundings!

Sit down when you wear the VR headset so you don't hit anything.



Be Aware of Your Surroundings! When using Augmented Reality, 3D objects will be overlaid onto your screen.